

## Reviewing Your Activist Year

Before planning for the future take some time to review your year – add extra prompts as you like.

<p>Some of the things I did this year...</p>	<p>My proudest achievement...</p>
<p>The most fun I had this year...</p>	<p>What people appreciated about me and my work this year... <i>What did they say? Keep a record to help you remember.</i></p>
<p>A lot of the time this year I felt...</p>	<p>How I changed or grew this year... <i>What did you learn? What new skills do you have? What do you think differently about now?</i></p>
<p>My activism/work was supported by... <i>Who supported you this year? What opportunities did you access? What decisions did you make that enabled you?</i></p>	<p>People I met this year... <i>How have your networks developed?</i></p>
<p>What got hard this year... <i>What challenges did you experience? What was draining, harmful or unproductive?</i></p>	<p>What I want for the new year... <i>What do you want to take with you from this year – or let go of? What attitude do you want to have?</i></p>